

About me

Name/what I want you to call me:

My name is Helen.

Where I'm from:

I am from Reading.



About me /Background

I have spent most of my adult life supporting Adults with Learning Disabilities. I was a Home Manager for 7 years but took a break to look after my two young children. I have been working for Reading IASS since April 2015 and I love what I do but I am still learning and always will be.

I like

- Spending time with my children and having fun.
- Getting to know new people and helping people
- Tea - it's very important to me!

I dislike

- Rudeness: I think manners are really important.
- Mushrooms and birds - they both terrify me!

What I like about my job...

I like meeting new people and helping people to make positive changes in their lives. I like the challenge of learning about something new. I like going into lots of different schools and meeting lots of different children, young people and parents. I like it when I help someone get something they want or need. I am quite creative and I like looking at different ways of solving problems or issues. I like being part of a team that works well together and always has time to laugh.

What you need to know about me...

I talk quite a lot but I also listen. If is say I will do something then I will. I will help you as much as I possibly can but you will need to help me to do that. I will always try and be as honest with you as I can and I will need you to be honest with me too. I will speak up for you if you need or want me to, or I will help you to find a way to speak up for yourself if you would like to. I can't make decisions for you but I can give you advice and help you look at your options.